**Conference Location**

**The conference will be conducted on campus with an option to join by zoom.**

The conference takes place at the Catherine and Lawrence Kennedy Auditorium in Conaton Learning Commons on Xavier University’s campus. Preferred parking is in Smith Hall Parking Lot.

**For a map of Xavier University, please visit:**

[**http://www.xavier.edu/about/documents/campusmap.pdf**](http://www.xavier.edu/about/documents/campusmap.pdf)

**A zoom link will be sent out prior to the conference.**

**Continuing Education Credit**

Waybridge Counseling will be providing 9 counselor CEU credits for this workshop. Waybridge is a Continuing Education Provider for the Ohio Counselor, Social Worker & Marriage and Family Therapy Board.

Continuing Education offered for counselors, social workers and marriage and family therapists:

(Provider RCST031802).

**REGISTRATION QUESTION/REFUNDS**

Full refunds are available upon request up until December 31, 2021. No refund requests will be accepted after this date. Contact Butch Losey at (513) 688-0092 for more information about refunds or questions concerning registration.

**GRADUATE CREDIT**

1 semester hour of graduate credit is offered through Xavier University as an alternative to CEU’s. Additional coursework (e.g., reading and a paper) will be required in addition to attendance at both full days of the conference. Those seeking graduate credit must pay tuition to Xavier University but there are no additional conference fees. Individuals registering for graduate credit will receive additional course information at the conference. Graduate tuition and course registration can be submitted on the day of the workshop. For more information about XU graduate credit, please contact graduate services at (513) 745-3360. Course name: The Resilient Counselor (COUN 530).

Xavier University

Department of Counseling

Presents:

**The Resilient Counselor**

**46th Annual Conference**

**9 Total CEUS**

**For counselors, social workers and marriage and family therapists**

**(Incudes 3 Ethics CEUS)**

**January 7th and 8th, 2022**

**Friday, January 7, 2022**

**12:00-1:00pm Registration**

*Please log in early for us to register your attendance.*

**1:00-4:15pm**

*Maintaining Ethical Practice: The Need for Continued Counselor Growth as Cultural Beings – Tylon Crook*

**Saturday, January 8, 2022**

**8:15-8:45am– Registration & Sign-In**

Please log in early for us to register your attendance.

**8:45am –Noon**

*The Neurobiology of Resilience*

*– Tara Miller*

**12:00-1:00pm- Lunch**

**1:00pm.-4:15p.m.**

*The Resilient Counselor*

*– Tara Miller.*

**4:15 Closing remarks**

**Online Option Available**

**Xavier University**

Department of Counseling

214 Hailstones

3800 Victory Parkway

Cincinnati, OH 45207-3226

**Friday**

**Maintaining Ethical Practice:**

**The Need for Continued Counselor Growth as Cultural Beings -Tylon Crook**

In response to the many events that continue to impact our society (i.e., pandemic, immigration, diversifying public schools, race based injustice) individuals from diverse backgrounds are seeking counseling services in greater numbers. As such, it is essential for practitioners to provide ethical counseling services by continuing to grow and enhance their cultural competence and responsiveness.

This workshop will reemphasize the importance of cultural competence to ethical counseling practice. Concepts, such as anti-racism and cultural humility, that expand on the foundational knowledge and understandings of cultural competence will be explored. In addition, factors that may inhibit one’s growth will be identified and deconstructed. Finally, strategies will be put forward for enhancing one’s ethical practice through continued growth in cultural competence and responsiveness.

**Saturday**

**The Neurobiology of Resilience–** **Tara Miller**

This workshop shares the neuroscience foundation of resilience and the strategies to create resiliency in the changing brain for challenging professions. Particularly suited for clinical and school counselors that have high demand positions and can have extraordinary burnout rates, this workshop will show why traditional knowledge and tactics to fight burnout and stress are ineffective, and how to take the brain science of self-regulation and resilience and apply it to their own lives. Learning to build a personal and robust system of health and well-being, attendees can start to balance the demands of their work with more ease and greater levels of health that don’t compromise their personal life and health.

**The Resilient Counselor- Tara Miller**

This workshop discusses strategies to create self-regulated counselors and clients, teaches the foundations of resilience and the practices and tools that you and/or your client can use to optimize stress management, communicate more effectively, create and build healthy alliances, and use specific tools to maximize performance and outcomes daily.

**Presenters**

*Tara Miller is psychotherapist, author, and speaker. Tara has her Master's degree in Counseling and is trained in Advanced SRT (Self-Regulation Therapy). She operates a private practice out of Kelowna, British Columbia seeing individuals for general and trauma specific counseling in person and throughout North America via Skype. She is regularly invited to speak to professionals, entrepreneurs, athletes, and women's groups on her science-based, whole-brained, nervous system-hacking approach to wellness. She works with successful CEOs and entrepreneurs teaching them self-regulation strategies that reduce stress related symptoms resulting in increased productivity and wellness.*

*Dr. Tylon Crook is a former Xavier Counseling Department Faculty member and currently an Associate Professor with Liberty University’s online Counseling Program. Dr. Crook travels the country providing professional development in a variety of areas that include diversity and inclusion training, implicit bias training, and school counseling program development.* *As a lifelong learner and fierce proponent of education, equity, and justice, Dr. Crook lives by his fraternity’s motto of “Culture for Service and Service for Humanity.”*

**The Resilient Counselor**

**Registration Form**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Employer or Affiliation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_State\_\_\_\_\_\_\_\_\_\_\_\_Zip Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**LICENSE NUMBER:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This is required for all licensed clinicians to receive CEUS.**

**(Please list all numbers in your licenses, for example: E.0008165)**

**Registration Type (Check one):**

|  |  |  |
| --- | --- | --- |
|  | **On-Campus Full Conference** | **$150.00** |
|  | **On-Campus Saturday Only** | **$125.00** |
|  | **On-Campus Friday Only** | **$75.00** |
|  |  |  |
|  | **On-line Video Option Full Conference** | **$140.00** |
|  | **On-line Video Option Saturday Only** | **$115.00** |
|  | **On-line Video Option Friday Only** | **75.00** |

**Lunch Saturday:**

Registrants for all 9 hours or Saturday for 6 hours receives a complimentary boxed lunch on Saturday.

Please select your preference:

(1) Sierra Turkey  (2) Asiago Steak  (3) Mediterranean Veggie (4) Napa Almond Chicken Salad

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Method of Payment** \_\_(1) Check \_\_ (2) Credit Card [see below] \_\_\_(3) Purchase order [attach copy]

**For Credit Card Payments**

**Register online at:**

**https://commerce.cashnet.com/CDCPAY2**

**Xavier University**

**Department of Counseling**

**Make checks payable to:**

**Xavier University**

**Mail to:**

**Dr. Butch Losey**

**Waybridge Counseling Services**

**4030 Mt Carmel Tobasco Road**

**Suite 102**

**Cincinnati, Ohio 45255**